

We Are Essential Digital Action

Let's flex our political muscle online and urge our governor to sign the Healthcare and Essential Workers Protection Act (SB275). Share a photo on Facebook, Instagram, and/or Twitter with this message:

"Our state and employers weren't ready for COVID-19, but now we have a chance to change that for the future. Sign #SB275 @Gavin Newsom, so California and healthcare employers will be ready before the next emergency."

Posting on Facebook



Step 1: Add a photo of yourself as a selfie or standing with your mask and uniform.

Step 2: Type your caption including hashtags #GetMePPE #SB275 and tag @Gavin Newsom (Tip: use the @ symbol to tag, select Gavin from the drop down).

Step 3: Make sure your post is PUBLIC like it is circled in this example.

Step 4: Send a screenshot of your post to your E-Board member.

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Posting on Instagram

Step 1: Confirm if you have a public or private account by going to your account settings. It should say public under account privacy (Tip: it's best to have a public account to take action).

Step 2:

(for public accounts): Post a picture or video using the hashtags #GetMePPE #SB275 and tag @gavinnewsom

(for private account): Post on your Instagram story that includes a message, the hashtags #GetMePPE #SB275 and tag @gavinnewsom

Step 3: Send a screenshot of your post to your E-Board member.



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Posting on Twitter



Step 1: Confirm if you have a public or private account by going to your privacy setting. Make sure "protect your Tweets" should not be selected (it should not be green).

Step 2: Type your message, add the hashtags #GetMePPE #SB275 and tag @GavinNewsom (make sure your entire post is less than 280 characters).

Step 3: Send a screenshot of your post to your E-Board member.